



Gandhi Memorial College Srinagar

(NAAC Accredited)

Shamaswari Fateh Kadal Srinagar-190002

Phone: 9419021926, Fax: 0194-2471726

www.gandhicollegesrinagar.edu.in Email: principal.gmc1@jk.gov.in/ principalgmc1@gmail.com

Awareness Programme on **Rehabilitation Camps and Treatment Facilities** organized by the **CWASC, Gandhi Memorial College, Srinagar**, in collaboration with **IMHANS**, under the aegis of the **Nasha Mukh Bharat Abhiyan**, on 06 June 2026 at 10:30 AM in the Conference Hall.

GANDHI MEMORIAL COLLEGE SRINAGAR
in collaboration with
INSTITUTE OF MENTAL HEALTH AND NEUROSCIENCES (IMHANS) SRINAGAR
AWARENESS PROGRAMME ON TREATMENT AND REHABILITATION CAMPUS
under the banner of
NMBA Nasha Mukh Bharat Abhiyaan Ek Kadam Swasth Bharat Ki Aur
ORGANISED BY
GANDHI MEMORIAL COLLEGE
RESOURCE PERSON
Takhleeq-i-Bari
Clinical Psychologist, IMHANS
TIME: 10:00 AM DATE: 06-06-2026 VENUE: CONFERENCE HALL
Let's Build Awareness | Let's Break the Stigma | Let's Build a Nasha Mukh Tomorrow

AWARENESS TODAY HEALING TOMORROW STRONGER TOGETHER
NASHA Mukh BHARAT ABHIYAAN
Ek Kadam Swasth Bharat Ki Aur
SUPPORT, TREATMENT, REHABILITATION A BETTER TOMORROW
LET'S BUILD A NASHA Mukh TOMORROW

SAY NO TO DRUGS, YES TO LIFE | AWARE TODAY, DRUG FREE TOMORROW

An Awareness Programme on **Rehabilitation Camps and Treatment Facilities** was organized by the **CWASC, Gandhi Memorial College, Srinagar**, in collaboration with **IMHANS**, under the aegis of the **Nasha Mukh Bharat Abhiyan**, on 06 June 2026 at 10:30 AM in the Conference Hall.

The programme aimed to create awareness among students regarding the treatment and rehabilitation facilities available in Jammu and Kashmir, including **Drug De-Addiction Centres (DDACs)**, **Addiction Treatment Facilities (ATFs)**, and other related support services for individuals affected by substance use disorders.

The session was conducted by **Ms. Takhleeq-i-Bari, Clinical Psychologist, IMHANS**, who delivered an insightful presentation on the importance of rehabilitation and treatment services. She explained the role and functioning of Drug De-Addiction Centres (DDACs), Addiction Treatment Facilities (ATFs), and rehabilitation camps in addressing substance abuse and facilitating recovery. The resource person emphasized the importance of early intervention, counselling, psychological support, and community participation in combating addiction.

During the programme, participants were informed about the various treatment and rehabilitation facilities available across Jammu and Kashmir and the procedures for accessing these services. The discussion also focused on the harmful effects of substance abuse on physical and mental

health, family life, and society at large. Students were encouraged to adopt healthy lifestyles and contribute towards creating a drug-free society in line with the objectives of the Nasha Mukta Bharat Abhiyan.

The programme witnessed the enthusiastic participation of **40 students**, who actively engaged in the interactive session and sought clarification on various aspects of addiction treatment, rehabilitation, and mental health support. The session proved highly informative and helped enhance participants' understanding of the available support systems for individuals struggling with substance abuse.

The programme concluded with a vote of thanks presented by Prof Riyaz Ahmad Andrabi to the resource person for her valuable contribution and for sensitizing the students about the significance of rehabilitation services and the collective responsibility of society in addressing substance abuse.

The programme successfully raised awareness among students about rehabilitation camps, Drug De-Addiction Centres (DDACs), Addiction Treatment Facilities (ATFs), and other support services available in Jammu and Kashmir. It also reinforced the objectives of the Nasha Mukta Bharat Abhiyan by promoting informed decision-making, prevention of substance abuse, and a commitment towards building a drug-free society.

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Media Secretary